

John B. Lacson Foundation Maritime University – Molo, Inc
College of Business
Iloilo City

LIFE SKILLS OF BSBA STUDENTS

A Research Study Presented to the
Faculty Members of
John B. Lacson Foundation Maritime University (Molo), Inc.
Molo, Iloilo City

In Partial Fulfillment of the
Requirements in Research
(Methods of Research)

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Abstract

This descriptive research study aimed to find out the life skills of the Bachelor of Science in Business Administration (BSBA) students. The participants were composed of the entire BSBA students currently enrolled at John B. Lacson Foundation Maritime University-Molo, Inc. Data of this study were obtained using the checklist type questionnaire designed by Dr. Trevor Powell in his book "Stress Free Living". The descriptive statistics employed were frequency count and percentage. Results showed that BSBA students as a whole, are moderately assertive, they need to improve how they manage their time, they are moderate rational thinkers, they seemed to have a positive relationship and a good social support system, they could improve their self-care, and they are moderate maladaptive.